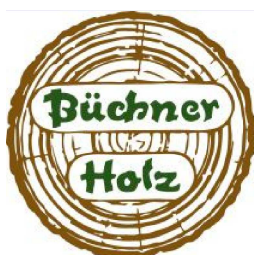


# Nikolaus Waldlauf 2019



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**PRÖCKL** GEBÄUDEHÜLLEN. DAS PASST.

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**Ergebnisliste:****42. Nikolaus-Waldlauf****1. Dezember 2019****LAC Arnstorf 1978 e.V.**

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**Klasse: Bambinos I weibl.****300 m**

|     |     |             |            |    |                         |         |
|-----|-----|-------------|------------|----|-------------------------|---------|
| 1 . | 508 | Eicher      | Anna Maria | 14 | LAC Arnstorf 1978 e. V. | 01:28.9 |
| 2 . | 150 | Weiß        | Magdalena  | 14 | DJK SF Reichenberg      | 01:34.0 |
| 3 . | 141 | Hackner     | Emilia     | 15 | DJK SF Reichenberg      | 01:44.0 |
| 4 . | 175 | Kapfinger   | Philomena  | 14 | LAC Arnstorf 1978 e. V. | 01:51.3 |
| 5 . | 507 | Piermeier   | Lina       | 15 | LV Deggendorf           | 01:52.5 |
| 6 . | 172 | Huber       | Felicia    | 14 | LAC Arnstorf 1978 e. V. | 02:09.1 |
| 7 . | 511 | Sparteneder | Tina       | 16 | Straßdobl               | 03:13.4 |

**Klasse: Bambinos I männl.****300 m**

|     |     |           |            |    |                         |         |
|-----|-----|-----------|------------|----|-------------------------|---------|
| 1 . | 174 | Kapfinger | Jonathan   | 14 | LAC Arnstorf 1978 e. V. | 01:24.7 |
| 2 . | 162 | Frank     | Max        | 14 | LAC Arnstorf 1978 e. V. | 01:37.0 |
| 3 . | 166 | Hilz      | Maximilian | 14 | LAC Arnstorf 1978 e. V. | 01:42.1 |
| 4 . | 154 | Altmann   | Johannes   | 15 | LAC Arnstorf 1978 e. V. | 01:50.3 |
| 5 . | 184 | Simeth    | Jakob      | 14 | LAC Arnstorf 1978 e. V. | 02:09.5 |
| 6 . | 223 | Drexler   | Paul       | 17 | LV Deggendorf           | 03:18.8 |

**Klasse: Bambinos II weibl.****500 m**

|     |     |           |           |    |                         |         |
|-----|-----|-----------|-----------|----|-------------------------|---------|
| 1 . | 510 | Hauptmann | Henriette | 12 | TuS 1860 Pfarrkirchen   | 02:10.8 |
| 2 . | 167 | Hofbauer  | Lena      | 12 | LAC Arnstorf 1978 e. V. | 02:21.5 |
| 3 . | 148 | Schiffner | Eva       | 12 | DJK SF Reichenberg      | 02:23.8 |
| 4 . | 173 | Huber     | Theresa   | 12 | LAC Arnstorf 1978 e. V. | 02:29.2 |
| 5 . | 137 | Bründl    | Franziska | 12 | DJK SF Reichenberg      | 02:34.1 |
| 6 . | 145 | Kobler    | Emma      | 13 | DJK SF Reichenberg      | 02:35.4 |
| 7 . | 263 | Waas      | Lilly     | 13 | TSV Plattling           | 02:38.5 |
| 8 . | 279 | Lammer    | Nina      | 12 | TuS 1860 Pfarrkirchen   | 02:38.9 |

|                                   |                   |               |    |                         |         |
|-----------------------------------|-------------------|---------------|----|-------------------------|---------|
| <b>Klasse: Bambinos II männl.</b> |                   | <b>500 m</b>  |    |                         |         |
| 1 .                               | 232 Piermeier     | Matthias      | 12 | LV Deggendorf           | 01:58.6 |
| 2 .                               | 140 Hackner       | Elias         | 12 | DJK SF Reichenberg      | 01:59.0 |
| 3 .                               | 271 Begasse       | Xaver         | 12 | TuS 1860 Pfarrkirchen   | 02:02.9 |
| 4 .                               | 156 Bauer         | Felix         | 12 | LAC Arnstorf 1978 e. V. | 02:03.4 |
| 5 .                               | 170 Hölzlwimmer   | Jakob         | 12 | LAC Arnstorf 1978 e. V. | 02:08.7 |
| 6 .                               | 275 Dadlhuber     | Vinzenz       | 12 | TuS 1860 Pfarrkirchen   | 02:09.2 |
| 7 .                               | 155 Altmann       | Lukas         | 13 | LAC Arnstorf 1978 e. V. | 02:12.1 |
| 8 .                               | 509 Eicher        | Johannes      | 12 | LAC Arnstorf 1978 e. V. | 02:14.1 |
| 9 .                               | 183 Ogniwek       | Armin         | 13 | LAC Arnstorf 1978 e. V. | 02:14.8 |
| 10 .                              | 503 Pernica       | Radek         | 13 | LBK Zelezná Ruda        | 02:15.3 |
| 11 .                              | 164 Gierl         | Jonas         | 13 | LAC Arnstorf 1978 e. V. | 02:17.7 |
| 12 .                              | 291 Steiner       | Emil          | 12 | TuS 1860 Pfarrkirchen   | 02:18.4 |
| 13 .                              | 182 Ocnas         | Andrej        | 12 | LAC Arnstorf 1978 e. V. | 02:19.0 |
| 14 .                              | 268 Klessinger    | Tim           | 13 | TSV Turnerbund München  | 02:19.9 |
| 15 .                              | 286 Schiederemair | Elias         | 12 | TuS 1860 Pfarrkirchen   | 02:21.9 |
| 16 .                              | 157 Beuschel      | Hannes        | 13 | LAC Arnstorf 1978 e. V. | 02:45.9 |
| 17 .                              | 235 Rankl         | Samuel        | 13 | LV Deggendorf           | 02:56.5 |
| <b>Klasse: W 8</b>                |                   | <b>1000 m</b> |    |                         |         |
| 1 .                               | 265 Lorenz        | Emma          | 11 | TSV Simbach             | 04:29.1 |
| 2 .                               | 233 Pledl         | Helena        | 11 | LV Deggendorf           | 04:31.6 |
| 3 .                               | 284 Pap           | Laura         | 11 | TuS 1860 Pfarrkirchen   | 04:33.8 |
| 4 .                               | 165 Hilz          | Anna          | 11 | LAC Arnstorf 1978 e. V. | 04:35.8 |
| 5 .                               | 193 Dressel       | Leyla         | 11 | LAC Passau e. V.        | 05:04.3 |
| 6 .                               | 185 Simeth        | Magdalena     | 11 | LAC Arnstorf 1978 e. V. | 06:22.2 |
| <b>Klasse: W 9</b>                |                   | <b>1000 m</b> |    |                         |         |
| 1 .                               | 278 Klink         | Nina          | 10 | TuS 1860 Pfarrkirchen   | 04:13.0 |
| 2 .                               | 285 Pokorny       | Reka          | 10 | TuS 1860 Pfarrkirchen   | 04:16.3 |
| 3 .                               | 234 Rankl         | Leonie        | 10 | LV Deggendorf           | 04:50.6 |
| <b>Klasse: M 8</b>                |                   | <b>1000 m</b> |    |                         |         |
| 1 .                               | 504 Pernica       | Rostislav     | 11 | LBK Zelezná Ruda        | 04:09.8 |
| 2 .                               | 136 Blüml         | Nico          | 11 | DJK SF Reichenberg      | 04:16.9 |
| 3 .                               | 159 Eder          | Korbinian     | 11 | LAC Arnstorf 1978 e. V. | 04:19.1 |
| 4 .                               | 237 Ringelhäuser  | Timo          | 11 | LV Deggendorf           | 04:34.3 |
| 5 .                               | 189 Styczen       | Krystian      | 11 | LAC Arnstorf 1978 e. V. | 05:14.9 |

|                     |                  |               |    |                         |         |
|---------------------|------------------|---------------|----|-------------------------|---------|
| <b>Klasse: M 9</b>  |                  | <b>1000 m</b> |    |                         |         |
| 1 .                 | 171 Hölzlwimmer  | Lukas         | 10 | LAC Arnstorf 1978 e. V. | 04:01.4 |
| 2 .                 | 142 Hackner      | Noah          | 10 | DJK SF Reichenberg      | 04:01.7 |
| 3 .                 | 273 Dadlhuber    | Leopold       | 10 | TuS 1860 Pfarrkirchen   | 04:21.9 |
| 4 .                 | 115 Orwat        | Philipp       | 10 | .                       | 04:24.2 |
| 5 .                 | 258 Stern        | Lukas         | 10 | TSV 1861 Deggendorf     | 04:26.1 |
| 6 .                 | 264 Lorenz       | Emil          | 10 | TSV Simbach             | 04:27.5 |
| 7 .                 | 147 Oswald       | Lucian        | 10 | DJK SF Reichenberg      | 04:30.8 |
| <b>Klasse: W 10</b> |                  | <b>1400 m</b> |    |                         |         |
| 1 .                 | 149 Schiffner    | Paula         | 09 | DJK SF Reichenberg      | 06:06.6 |
| 2 .                 | 158 Birnkammer   | Marie         | 09 | LAC Arnstorf 1978 e. V. | 06:33.2 |
| 3 .                 | 144 Hofbauer     | Emely         | 09 | DJK SF Reichenberg      | 07:17.8 |
| <b>Klasse: W 11</b> |                  | <b>1400 m</b> |    |                         |         |
| 1 .                 | 236 Ringelhäuser | Lena          | 08 | LV Deggendorf           | 06:00.9 |
| 2 .                 | 169 Hölzlwimmer  | Anne          | 08 | LAC Arnstorf 1978 e. V. | 06:02.0 |
| 3 .                 | 191 Weixlgartner | Franziska     | 08 | LAC Arnstorf 1978 e. V. | 06:10.6 |
| 4 .                 | 178 Lukes        | Verena        | 08 | LAC Arnstorf 1978 e. V. | 06:12.6 |
| 5 .                 | 181 Meier        | Mailin        | 08 | LAC Arnstorf 1978 e. V. | 06:24.7 |
| 6 .                 | 289 Spateneder   | Maria         | 08 | TuS 1860 Pfarrkirchen   | 06:39.6 |
| 7 .                 | 283 Noky         | Susanne       | 08 | TuS 1860 Pfarrkirchen   | 07:05.8 |
| 8 .                 | 281 Lengle       | Valeria       | 08 | TuS 1860 Pfarrkirchen   | 07:29.2 |
| <b>Klasse: M 10</b> |                  | <b>1400 m</b> |    |                         |         |
| 1 .                 | 287 Schmidmaier  | Anton         | 09 | TuS 1860 Pfarrkirchen   | 05:13.0 |
| 2 .                 | 288 Schmidmaier  | Paul          | 09 | TuS 1860 Pfarrkirchen   | 05:19.5 |
| 3 .                 | 129 Eder         | Jonah         | 09 | die EDER-Drillinge      | 05:20.1 |
| 4 .                 | 131 Eder         | Toni          | 09 | die EDER-Drillinge      | 05:21.1 |
| 5 .                 | 198 Wührer       | David         | 09 | LAC Passau e. V.        | 05:23.1 |
| 6 .                 | 130 Eder         | Louis         | 09 | die EDER-Drillinge      | 05:39.7 |
| 7 .                 | 290 Spateneder   | Matthias      | 09 | TuS 1860 Pfarrkirchen   | 05:48.1 |
| 8 .                 | 168 Hofbauer     | Tobias        | 09 | LAC Arnstorf 1978 e. V. | 06:30.9 |
| <b>Klasse: M 11</b> |                  | <b>1400 m</b> |    |                         |         |
| 1 .                 | 194 Dressel      | Valentin      | 08 | LAC Passau e. V.        | 05:11.9 |
| 2 .                 | 224 Engl         | Korbinian     | 08 | LV Deggendorf           | 05:14.7 |
| 3 .                 | 513 Geier        | Jan           | 08 | LV Deggendorf           | 05:15.7 |
| 4 .                 | 199 Wührer       | Felix         | 08 | LAC Passau e. V.        | 05:22.5 |
| 5 .                 | 196 Stephani     | Lukas         | 08 | LAC Passau e. V.        | 05:40.7 |
| 6 .                 | 229 Limbrunner   | Maximilian    | 08 | LV Deggendorf           | 06:07.3 |
| 7 .                 | 272 Brunnhuber   | Jonas         | 08 | TuS 1860 Pfarrkirchen   | 07:17.4 |

|                     |                   |               |    |                           |         |
|---------------------|-------------------|---------------|----|---------------------------|---------|
| <b>Klasse: W 12</b> |                   | <b>2100 m</b> |    |                           |         |
| 1 .                 | 505 Pernicova     | Lucie         | 07 | LBK Zelezná Ruda          | 08:31.0 |
| 2 .                 | 226 Gollwitzer    | Lena          | 07 | LV Deggendorf             | 09:42.5 |
| 3 .                 | 280 Lengle        | Alina         | 07 | TuS 1860 Pfarrkirchen     | 10:16.7 |
| 4 .                 | 295 Wischnewski   | Sarah         | 07 | TuS 1860 Pfarrkirchen     | 10:48.9 |
| <b>Klasse: W 13</b> |                   | <b>2100 m</b> |    |                           |         |
| 1 .                 | 266 Lorenz        | Pauline       | 06 | TSV Simbach               | 08:37.4 |
| 2 .                 | 256 Friese        | Inga          | 06 | TSV 1861 Deggendorf       | 09:56.2 |
| 3 .                 | 143 Hofbauer      | Anna          | 06 | DJK SF Reichenberg        | 10:42.4 |
| 4 .                 | 231 Penzkofer     | Sina          | 06 | LV Deggendorf             | 10:49.8 |
| 5 .                 | 146 Oswald        | Helena        | 06 | DJK SF Reichenberg        | 11:31.1 |
| <b>Klasse: M 12</b> |                   | <b>2100 m</b> |    |                           |         |
| 1 .                 | 197 Voggenreiter  | Marco         | 07 | LAC Passau e. V.          | 07:55.6 |
| 2 .                 | 293 Wadsack       | Fabian        | 07 | TuS 1860 Pfarrkirchen     | 08:17.1 |
| 3 .                 | 512 Dindic        | Anel          | 07 | LAC Arnstorf 1978 e. V.   | 08:27.2 |
| 4 .                 | 267 Lorenz        | Vitus         | 07 | TSV Simbach               | 08:56.0 |
| 5 .                 | 187 Spring        | Philipp       | 07 | LAC Arnstorf 1978 e. V.   | 09:23.8 |
| 6 .                 | 116 Orwat         | Sebastian     | 07 | Steuerkanzlei Hölzl-Orwat | 09:53.1 |
| <b>Klasse: M 13</b> |                   | <b>2100 m</b> |    |                           |         |
| 1 .                 | 262 Waas          | Jonas         | 06 | TSV Plattling             | 08:13.5 |
| 2 .                 | 292 Stewart       | Raphael       | 06 | TuS 1860 Pfarrkirchen     | 10:13.2 |
| <b>Klasse: W 14</b> |                   | <b>2100 m</b> |    |                           |         |
| 1 .                 | 209 Gahbauer      | Lea           | 05 | LG Passau                 | 08:18.1 |
| 2 .                 | 214 Blöchl        | Laureen       | 05 | LG Wolfstein              | 08:24.0 |
| 3 .                 | 186 Spring        | Hannah        | 05 | LAC Arnstorf 1978 e. V.   | 09:04.0 |
| 4 .                 | 294 Wasmeier      | Theresa       | 05 | TuS 1860 Pfarrkirchen     | 10:00.2 |
| 5 .                 | 270 Bachmeier     | Alice         | 05 | TuS 1860 Pfarrkirchen     | 10:02.2 |
| 6 .                 | 257 Fritsche      | Emma          | 05 | TSV 1861 Deggendorf       | 10:08.9 |
| 7 .                 | 282 Mammadguluzad | Fatima        | 05 | TuS 1860 Pfarrkirchen     | 10:52.2 |
| 8 .                 | 161 Forstner      | Luisa         | 05 | LAC Arnstorf 1978 e. V.   | 11:17.6 |
| <b>Klasse: W 15</b> |                   | <b>2100 m</b> |    |                           |         |
| 1 .                 | 225 Geier         | Eva           | 04 | LV Deggendorf             | 09:22.7 |
| <b>Klasse: M 14</b> |                   | <b>3000 m</b> |    |                           |         |
| 1 .                 | 124 Stasik        | David         | 05 | Arnstorfer LG             | 17:01.6 |
| <b>Klasse: M 15</b> |                   | <b>3000 m</b> |    |                           |         |
| 1 .                 | 514 Wilflingseder | Lorenz        | 04 | Sportunion Igla long life | 12:06.5 |
| 2 .                 | 249 Weiß          | Alexander     | 04 | Sportunion Igla long life | 13:39.4 |
| 3 .                 | 177 Lukes         | Simon         | 04 | LAC Arnstorf 1978 e. V.   | 16:39.9 |

|                                  |                |               |    |                         |         |
|----------------------------------|----------------|---------------|----|-------------------------|---------|
| <b>Klasse: W 16/17</b>           |                | <b>3000 m</b> |    |                         |         |
| 1 .                              | 227 Hanf       | Amelia        | 02 | LV Deggendorf           | 12:25.7 |
| 2 .                              | 208 Drexler    | Anna          | 02 | LG Passau               | 12:30.6 |
| 3 .                              | 260 Helmbrecht | Corinna       | 03 | TSV Bogen               | 15:01.6 |
| 4 .                              | 261 Schober    | Julia         | 02 | TSV Bogen               | 16:18.4 |
| <b>Klasse: M 16/17</b>           |                | <b>3000 m</b> |    |                         |         |
| 1 .                              | 228 Ittameier  | Felix         | 03 | LV Deggendorf           | 12:25.1 |
| 2 .                              | 230 Muhr       | Jonas         | 03 | LV Deggendorf           | 13:53.9 |
| <b>Klasse: W 18/19</b>           |                | <b>3000 m</b> |    |                         |         |
| 1 .                              | 190 Weber      | Alexandra     | 01 | LAC Arnstorf 1978 e. V. | 14:30.4 |
| <b>Klasse: M 18/19</b>           |                | <b>5000 m</b> |    |                         |         |
| 1 .                              | 222 Beck       | Marcel        | 01 | LV Deggendorf           | 21:41.1 |
| 2 .                              | 122 Blindauer  | Lukas         | 00 | Arnstorfer LG           | 24:35.6 |
| <b>Klasse: Männer Mittelstr.</b> |                | <b>5000 m</b> |    |                         |         |
| 1 .                              | 252 Gerson     | Dr. Oliver    | 90 | SVG Ruhstorf            | 19:28.0 |
| 2 .                              | 250 Kinadeter  | Georg         | 69 | Stadtwerke München      | 19:45.9 |
| 3 .                              | 600 Bauer      | Markus        | 91 | LAC Arnstorf 1978 e. V. | 20:14.4 |
| 4 .                              | 152 Buhrow     | Christian     | 70 | FTSV Straubing          | 20:32.1 |
| 5 .                              | 215 Eckmüller  | Herbert       | 60 | LG Wolfstein            | 20:42.9 |
| 6 .                              | 277 Deym       | Paulo         | 82 | TuS 1860                | 21:36.4 |
| 7 .                              | 220 Pilsl      | Hubert        | 65 | LG Wolfstein            | 22:03.5 |
| 8 .                              | 105 Dean       | Darren        | 77 | .                       | 23:26.9 |
| 9 .                              | 219 Pilsl      | Christian     | 93 | LG Wolfstein            | 23:50.0 |
| 10 .                             | 202 Johann     | Österbauer    | 63 | LC Geinberg             | 24:31.6 |
| 11 .                             | 526 Langhans   | Jürgen        | 70 | RSC Neukirchen          | 26:28.5 |
| 12 .                             | 525 Semmler    | Manfred       | 69 | FTSV Straubing          | 26:28.9 |
| 13 .                             | 101 Beuschel   | Andreas       | 78 | .                       | 26:37.4 |
| 14 .                             | 239 Hahn       | Matthias      | 92 | LVR Geiselhöring        | 26:49.2 |
| 15 .                             | 269 Stadlbauer | Lukas         | 00 | TSV-FC Arnstorf         | 30:36.4 |
| <b>Klasse: W 20</b>              |                | <b>5000 m</b> |    |                         |         |
| 1 .                              | 211 Vogel      | Jana          | 92 | LG Passau               | 21:06.4 |
| 2 .                              | 259 Hafner     | Andrea        | 90 | TSV Bogen               | 24:47.9 |
| 3 .                              | 213 Beisl      | Christine     | 91 | LG Reisbach             | 26:55.6 |
| <b>Klasse: W 30</b>              |                | <b>5000 m</b> |    |                         |         |
| 1 .                              | 221 Schöne     | Elisa         | 87 | LG Wolfstein            | 23:57.4 |
| 2 .                              | 240 Krinner    | Marion        | 89 | LVR Geiselhöring        | 26:49.0 |
| 3 .                              | 205 Stryjak    | Dagmara       | 88 | LC MKW Hausruck         | 27:30.9 |

|                                |               |    |                           |         |
|--------------------------------|---------------|----|---------------------------|---------|
| <b>Klasse: W 35</b>            | <b>5000 m</b> |    |                           |         |
| 1 . 217 Grabmeier              | Maria         | 80 | LG Wolfstein              | 23:47.6 |
| 2 . 527 Simon                  | Silke         | 80 | SVG Ruhstorf              | 25:26.0 |
| 3 . 298 Hofer                  | Susanne       | 81 | TV 1885 Eggenfelden       | 28:12.1 |
| <b>Klasse: W 40</b>            | <b>5000 m</b> |    |                           |         |
| 1 . 106 Dean                   | Martha        | 79 | Reisbach                  | 23:47.2 |
| 2 . 523 Knollmüller            | Andrea        | 78 | BTM Buch                  | 31:45.4 |
| <b>Klasse: W 45</b>            | <b>5000 m</b> |    |                           |         |
| 1 . 253 Materna                | Ingrid        | 73 | SVG Ruhstorf              | 22:32.0 |
| 2 . 112 Hölzl-Orwat            | Iris          | 70 | Steuerkanzlei Hölzl-Orwat | 31:49.5 |
| <b>Klasse: W 50</b>            | <b>5000 m</b> |    |                           |         |
| 1 . 125 Venus                  | Christine     | 67 | Arnstorfer LG             | 28:46.1 |
| 2 . 524 Strobl                 | Christine     | 69 | BTM Buch                  | 31:47.2 |
| <b>Klasse: W 55</b>            | <b>5000 m</b> |    |                           |         |
| 1 . 218 Pilsl                  | Andrea        | 63 | LG Wolfstein              | 26:17.6 |
| 2 . 153 Fraunhofer             | Roswitha      | 61 | Grub/Neukirchen           | 29:04.4 |
| <b>Klasse: W 60</b>            | <b>5000 m</b> |    |                           |         |
| 1 . 201 Burgstaller            | Maria         | 57 | LC Geinberg               | 30:42.0 |
| 2 . 244 Huber                  | Doris         | 58 | RK Julbach                | 30:59.6 |
| <b>Klasse: W 70</b>            | <b>5000 m</b> |    |                           |         |
| 1 . 501 Christa                | Kinskofer     | 46 | LVR Geiselhöring          | 44:59.6 |
| <b>Klasse: Frauen Langstr.</b> | <b>9000 m</b> |    |                           |         |
| 1 . 251 Kubai                  | Monika        | 99 | SU IGLA Long Life         | 43:41.5 |
| 2 . 151 Thalhammer             | Maria         | 66 | Falkenberg                | 45:20.8 |
| 3 . 248 Zellner                | Anita         | 77 | Skiclub Eichendorf        | 53:32.1 |
| 4 . 247 Täuber                 | Christina     | 69 | Skiclub Eichendorf        | 56:01.6 |
| 5 . 127 Richter                | Verena        | 79 | Baazbabes                 | 56:22.7 |
| 6 . 128 Wollschläger           | Monika        | 82 | Baazbabes                 | 56:23.2 |
| 7 . 520 Kasper                 | Christine     | 60 | TG Vilshofen              | 57:37.0 |
| 8 . 110 Handels                | Julia         | 78 | Drachselsried             | 63:34.6 |
| 9 . 118 Röckelein              | Claudia       | 62 | Haag an der Amper         | 63:35.2 |
| 10 . 121 Von Deym              | Maria         | 80 | Laufmamalauf              | 63:50.1 |
| 11 . 200 Waldemer              | Eva           | 88 | Laufmamalauf              | 63:50.4 |
| 12 . 246 Eckl                  | Kathrin       | 83 | Skiclub Eichendorf        | 66:45.2 |

|                     |                   |               |    |                            |         |
|---------------------|-------------------|---------------|----|----------------------------|---------|
| <b>Klasse: M 20</b> |                   | <b>9000 m</b> |    |                            |         |
| 1 .                 | 255 Gerl          | Michael       | 95 | TG Vilshofen               | 33:47.9 |
| 2 .                 | 100 Aigner        | Maximilian    | 96 | Passau                     | 38:47.4 |
| 3 .                 | 108 Glück         | Markus        | 92 | FC Mariakirchen            | 43:29.2 |
| 4 .                 | 120 Sittinger     | Ludwig        | 96 | FC Mariakirchen            | 43:41.2 |
| 5 .                 | 107 Gerwallner    | Martin        | 93 | FC Mariakirchen            | 44:58.8 |
| 6 .                 | 113 Klessinger    | Florian       | 92 | FC Mariakirchen            | 51:13.8 |
| <b>Klasse: M 30</b> |                   | <b>9000 m</b> |    |                            |         |
| 1 .                 | 207 Bernhardt     | Mario         | 88 | LG Passau                  | 33:43.6 |
| 2 .                 | 212 Wagner        | Felix         | 89 | LG Passau                  | 36:26.1 |
| <b>Klasse: M 35</b> |                   | <b>9000 m</b> |    |                            |         |
| 1 .                 | 204 Ehrnleitner   | Thomas        | 82 | LC MKW Hausruck            | 38:33.3 |
| 2 .                 | 276 Deym          | Paulo         | 82 | TuS 1860                   | 41:58.8 |
| 3 .                 | 297 Beyer         | Matthias      | 82 | TV 1885 Eggenfelden        | 43:19.8 |
| <b>Klasse: M 40</b> |                   | <b>9000 m</b> |    |                            |         |
| 1 .                 | 132 Konrad        | Kluge         | 75 | DJK Pörndorf               | 42:21.0 |
| 2 .                 | 102 Birneder      | Andreas       | 76 | Pfarrkirchen/Untergaiching | 52:03.2 |
| 3 .                 | 111 Heimes        | Philipp       | 76 | Dietramszell               | 55:24.0 |
| <b>Klasse: M 45</b> |                   | <b>9000 m</b> |    |                            |         |
| 1 .                 | 133 Knuff         | Helmut        | 72 | DJK Pörndorf               | 39:06.9 |
| 2 .                 | 500 Weinzierl     | Erich         | 71 | LVR Geiselhöring           | 41:11.2 |
| 3 .                 | 506 Pernica       | Ondrej        | 74 | LBK Zeleзна Ruda           | 43:39.9 |
| 4 .                 | 126 Heinze        | Achim         | 71 | ASV Inntal                 | 44:43.0 |
| 5 .                 | 521 Kießling      | Marcel        | 72 | LAC Arnstorf 1978 e. V.    | 44:48.5 |
| <b>Klasse: M 50</b> |                   | <b>9000 m</b> |    |                            |         |
| 1 .                 | 254 Schnellberger | Alexander     | 69 | SVG Ruhstorf               | 40:07.0 |
| 2 .                 | 203 Puttinger     | Manfred       | 67 | LC Geinberg                | 43:37.9 |
| 3 .                 | 123 Felixberger   | Manfred       | 66 | Arnstorfer LG              | 45:06.9 |
| 4 .                 | 134 Saibold       | Frank         | 68 | DJK Pörndorf               | 45:50.2 |
| 5 .                 | 114 Orwat         | Jürgen        | 69 | Steuerkanzlei Hölzl-Orwat  | 52:56.9 |
| <b>Klasse: M 55</b> |                   | <b>9000 m</b> |    |                            |         |
| 1 .                 | 241 Stifter       | Georg         | 63 | LVR Geiselhöring           | 40:22.1 |
| 2 .                 | 243 Vilsmaier     | Martin        | 63 | Radsportfreunde Gangkofe   | 44:24.8 |
| 3 .                 | 530 Buchner       | Alfred        | 64 | TSV Simbach                | 49:26.2 |
| 4 .                 | 109 Handels       | Harald        | 60 | .                          | 63:35.0 |
| <b>Klasse: M 60</b> |                   | <b>9000 m</b> |    |                            |         |
| 1 .                 | 528 Wilhelm       | Dorrer        | 56 | LVR Geiselhöring           | 48:31.5 |
| 2 .                 | 522 Wunderlich    | Roland        | 59 | TSV Massing                | 55:05.1 |



|                     |               |    |                  |         |
|---------------------|---------------|----|------------------|---------|
| <b>Klasse: M 65</b> | <b>9000 m</b> |    |                  |         |
| 1 . 531 Entholzner  | Reinhold      | 53 | TSV Simbach      | 49:00.7 |
| <b>Klasse: M 70</b> | <b>9000 m</b> |    |                  |         |
| 1 . 238 Furtner     | Rudi          | 48 | LVR Geiselhöring | 55:39.2 |
| <b>Klasse: M 75</b> | <b>9000 m</b> |    |                  |         |
| 1 . 104 Buchlin     | Pierre        | 42 | .                | 60:29.6 |

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**Ergebnisliste:****42. Nikolaus-Waldlauf****Vereins- und Firmenlauf  
ca. 3000m****1. Dezember 2019  
LAC Arnstorf 1978 e.V.**

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|            |                                   |             |                |
|------------|-----------------------------------|-------------|----------------|
| <b>1 .</b> | <b>DJK Pörndorf</b>               |             | <b>13:02,3</b> |
|            | 932 Helmut                        | Knuff       | 12:13,1        |
|            | 934 Konrad                        | Kluge       | 13:00,4        |
|            | 933 Frank                         | Saibold     | 13:53,4        |
| <b>2 .</b> | <b>Markt Arnstorf</b>             |             | <b>14:33,4</b> |
|            | 969 Bauer                         | Markus      | 14:15,1        |
|            | 967 Stadler                       | Josef       | 14:25,4        |
|            | 968 Kessler                       | Walter      | 14:59,7        |
| <b>3 .</b> | <b>Wasta</b>                      |             | <b>14:46,9</b> |
|            | 515 Chochulora                    | Katarina    | 13:54,9        |
|            | 517 Pochodaj                      | Adrian      | 14:13,6        |
|            | 516 Kinga                         | Luczyszn    | 16:12,1        |
| <b>4 .</b> | <b>Raiffeisenbank Arnstorf eG</b> |             | <b>16:59,7</b> |
|            | 950 Monika                        | Knott       | 14:19,5        |
|            | 948 Antonia                       | Weber       | 14:36,1        |
|            | 949 Patricia                      | Straubinger | 22:03,6        |
| <b>5 .</b> | <b>SV Schönau</b>                 |             | <b>17:05,4</b> |
|            | 955 Sven                          | Lammer      | 15:17,1        |
|            | 951 Armin                         | Patzelt     | 15:46,1        |
|            | 958 Sabine                        | Attenberger | 16:41,3        |
|            | 954 Bernadette                    | Schmidhuber | 17:38,0        |
|            | 956 Moritz                        | Lammer      | 18:00,1        |
|            | 957 Jana                          | Lohr        | 18:01,5        |
|            | 952 Angelika                      | Volkoff     | 18:13,9        |

**6 . Arnstorfer LG****17:40,0**

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|     |              |          |         |
|-----|--------------|----------|---------|
| 518 | Frischhut    | Maxi     | 12:22,1 |
| 911 | Stasik       | Szymon   | 13:50,7 |
| 907 | Holzleitner  | Georg    | 14:03,3 |
| 914 | Wimmer       | Alois    | 14:13,1 |
| 902 | Berngehrer   | Lukas    | 14:42,2 |
| 903 | Blindauer    | Veronika | 17:01,8 |
| 906 | Hannecker    | Rudi     | 17:25,4 |
| 908 | Lindlbauer   | Sindy    | 17:48,3 |
| 913 | Straubinger  | Petra    | 18:37,8 |
| 901 | Bauer        | Conny    | 19:10,5 |
| 910 | Stasik       | Angelika | 19:22,6 |
| 905 | Hannecker    | Angelika | 19:44,9 |
| 909 | Niederer     | Sabrina  | 20:23,9 |
| 912 | Straubinger  | Alois    | 20:39,0 |
| 900 | Albersdörfer | Gabi     | 21:22,1 |
| 904 | Felixberger  | Cornelia | 21:51,9 |

**7 . Bayerisches Rotes Kreuz****17:43,3**

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|     |          |              |         |
|-----|----------|--------------|---------|
| 918 | Lisa     | Mangertseder | 14:44,6 |
| 929 | Ewald    | Rinderer     | 15:04,2 |
| 921 | Lukas    | Pfaffinger   | 15:06,4 |
| 931 | Jonas    | Schmid       | 15:30,8 |
| 915 | Andreas  | Schwarz      | 15:41,4 |
| 926 | Johannes | Sittinger    | 15:52,8 |
| 920 | Manuel   | Bellmann     | 16:28,3 |
| 922 | Mario    | Ecker        | 16:37,9 |
| 930 | Heinrich | Lang         | 17:16,3 |
| 924 | Maria    | Gruber       | 18:35,7 |
| 928 | Sabine   | Rinderer     | 18:36,0 |
| 916 | Lea      | Schwarz      | 19:19,8 |
| 919 | Kerstin  | Stauder      | 22:05,7 |
| 917 | Veronika | Sittinger    | 22:12,4 |
| 925 | Stefan   | Tuza         | 22:37,2 |

**8 . LAC Nagtschnäggen****18:02,4**

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|     |           |             |         |
|-----|-----------|-------------|---------|
| 939 | Maria     | Unterberger | 14:37,1 |
| 936 | Franziska | Kreipl      | 15:44,0 |
| 935 | Veronika  | Kreipl      | 17:05,8 |
| 938 | Julia     | Forstner    | 19:04,5 |
| 937 | Lisa      | Weber       | 19:22,0 |
| 940 | Rosi      | Peter       | 22:21,0 |

**9 . Optik Kronwinkler****18:30,5**

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|     |             |             |         |
|-----|-------------|-------------|---------|
| 947 | Michael     | Huber       | 14:21,6 |
| 519 | Kronwinkler | Hannes      | 17:13,1 |
| 943 | Astrid      | Pollersbeck | 17:36,3 |
| 945 | Luisa       | Moser       | 17:45,0 |
| 941 | Sabrina     | Sedlmeier   | 18:31,8 |
| 946 | Daniela     | Würzinger   | 18:36,7 |
| 942 | Selina      | Rienau      | 21:58,3 |
| 944 | Martina     | Schütt      | 22:01,2 |

**10 . Tischler RA/StB****18:41,1**

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|     |             |        |         |
|-----|-------------|--------|---------|
| 962 | Tischler    | Felix  | 16:39,7 |
| 960 | Huber       | Lisa   | 17:21,7 |
| 963 | Tischler    | Josef  | 17:29,3 |
| 961 | Schmidhuber | Lucia  | 18:02,2 |
| 965 | Zdanovec    | Sylvia | 23:52,7 |

Ergebnisliste:

# 42. Nikolaus-Waldlauf

Nordic-Walking

7200 m

1. Dezember 2019

LAC Arnstorf 1978 e.V.

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**Klasse: Nordic-Walking Frauen**

|     |     |            |           |                                  |         |
|-----|-----|------------|-----------|----------------------------------|---------|
| 1 . | 532 | Niedl      | Margot    | Rottalker Nordic Walking Verein  | 48:25.6 |
| 2 . | 802 | Bloos      | Claudia   | LAC Arnstorf 1978 e.V.           | 53:42.0 |
| 3 . | 803 | Lukes      | Christina | LAC Arnstorf 1978 e.V.           | 53:42.4 |
| 4 . | 801 | Bichlmeier | Martina   | Kindergarten St. Nikolaus Gangko | 57:11.4 |

**Klasse: Nordic-Walking Männer**

|     |     |             |        |                        |         |
|-----|-----|-------------|--------|------------------------|---------|
| 1 . | 805 | Grohmann    | Martin | LAC Arnstorf 1978 e.V. | 48:26.5 |
| 2 . | 806 | Burgstaller | Franz  | LC Geinberg            | 50:27.4 |
| 3 . | 804 | Däubler     | Albert | LAC Arnstorf 1978 e.V. | 55:46.9 |
| 4 . | 800 | Fraunhofer  | Franz  | Grub/Neukirchen        | 60:57.4 |

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# Crossmeisterschaften 2019 Kreis Passau

1. Dezember 2019

Ergebnisliste:

LAC Arnstorf 1978 e.V.

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|                        |                   |           |    |                         |         |
|------------------------|-------------------|-----------|----|-------------------------|---------|
| <b>Klasse: M 12</b>    | <b>2100 m</b>     |           |    |                         |         |
| 1 .                    | 197 Voggenreiter  | Marco     | 07 | LAC Passau e. V.        | 07:55.6 |
| 2 .                    | 293 Wadsack       | Fabian    | 07 | TuS 1860 Pfarrkirchen   | 08:17.1 |
| 3 .                    | 512 Dindic        | Anel      | 07 | LAC Arnstorf 1978 e. V. | 08:27.2 |
| 4 .                    | 267 Lorenz        | Vitus     | 07 | TSV Simbach             | 08:56.0 |
| 5 .                    | 187 Spring        | Philipp   | 07 | LAC Arnstorf 1978 e. V. | 09:23.8 |
| <b>Klasse: M 13</b>    | <b>2100 m</b>     |           |    |                         |         |
| 1 .                    | 292 Stewart       | Raphael   | 06 | TuS 1860 Pfarrkirchen   | 10:13.2 |
| <b>Klasse: M 14</b>    | <b>3000 m</b>     |           |    |                         |         |
| 1 .                    | 124 Stasik        | David     | 05 | Arnstorfer LG           | 17:01.6 |
| <b>Klasse: M 15</b>    | <b>3000 m</b>     |           |    |                         |         |
| 1 .                    | 177 Lukes         | Simon     | 04 | LAC Arnstorf 1978 e. V. | 16:39.9 |
| <b>Klasse: M 18/19</b> | <b>5000 m</b>     |           |    |                         |         |
| 1 .                    | 122 Blindauer     | Lukas     | 00 | Arnstorfer LG           | 24:35.6 |
| <b>Klasse: M 20</b>    | <b>9000 m</b>     |           |    |                         |         |
| 1 .                    | 255 Gerl          | Michael   | 95 | TG Vilshofen            | 33:47.9 |
| <b>Klasse: M 30</b>    | <b>9000 m</b>     |           |    |                         |         |
| 1 .                    | 207 Bernhardt     | Mario     | 88 | LG Passau               | 33:43.6 |
| 2 .                    | 212 Wagner        | Felix     | 89 | LG Passau               | 36:26.1 |
| <b>Klasse: M 35</b>    | <b>9000 m</b>     |           |    |                         |         |
| 1 .                    | 297 Beyer         | Matthias  | 82 | TV 1885 Eggenfelden     | 43:19.8 |
| <b>Klasse: M 40</b>    | <b>9000 m</b>     |           |    |                         |         |
| 1 .                    | 132 Konrad        | Kluge     | 75 | DJK Pörndorf            | 42:21.0 |
| <b>Klasse: M 45</b>    | <b>9000 m</b>     |           |    |                         |         |
| 1 .                    | 133 Knuff         | Helmut    | 72 | DJK Pörndorf            | 39:06.9 |
| 2 .                    | 521 Kießling      | Marcel    | 72 | LAC Arnstorf 1978 e. V. | 44:48.5 |
| <b>Klasse: M 50</b>    | <b>9000 m</b>     |           |    |                         |         |
| 1 .                    | 254 Schnellberger | Alexander | 69 | SVG Ruhstorf            | 40:07.0 |
| 2 .                    | 123 Felixberger   | Manfred   | 66 | Arnstorfer LG           | 45:06.9 |
| 3 .                    | 134 Saibold       | Frank     | 68 | DJK Pörndorf            | 45:50.2 |
| <b>Klasse: M 55</b>    | <b>9000 m</b>     |           |    |                         |         |
| 1 .                    | 530 Buchner       | Alfred    | 64 | TSV Simbach             | 49:26.2 |

|                                  |                   |            |    |                         |         |
|----------------------------------|-------------------|------------|----|-------------------------|---------|
| <b>Klasse: M 60</b>              | <b>9000 m</b>     |            |    |                         |         |
| 1 .                              | 522 Wunderlich    | Roland     | 59 | TSV Massing             | 55:05.1 |
| <b>Klasse: M 65</b>              | <b>9000 m</b>     |            |    |                         |         |
| 1 .                              | 531 Entholzner    | Reinhold   | 53 | TSV Simbach             | 49:00.7 |
| <b>Klasse: Männer Mittelstr.</b> | <b>5000 m</b>     |            |    |                         |         |
| 1 .                              | 252 Gerson        | Dr. Oliver | 90 | SVG Ruhstorf            | 19:28.0 |
| 2 .                              | 600 Bauer         | Markus     | 91 | LAC Arnstorf 1978 e. V. | 20:14.4 |
| 3 .                              | 215 Eckmüller     | Herbert    | 60 | LG Wolfstein            | 20:42.9 |
| 4 .                              | 220 Pilsl         | Hubert     | 65 | LG Wolfstein            | 22:03.5 |
| 5 .                              | 219 Pilsl         | Christian  | 93 | LG Wolfstein            | 23:50.0 |
| <b>Klasse: W 12</b>              | <b>2100 m</b>     |            |    |                         |         |
| 1 .                              | 280 Lengle        | Alina      | 07 | TuS 1860 Pfarrkirchen   | 10:16.7 |
| 2 .                              | 295 Wischnewski   | Sarah      | 07 | TuS 1860 Pfarrkirchen   | 10:48.9 |
| <b>Klasse: W 13</b>              | <b>2100 m</b>     |            |    |                         |         |
| 1 .                              | 266 Lorenz        | Pauline    | 06 | TSV Simbach             | 08:37.4 |
| 2 .                              | 143 Hofbauer      | Anna       | 06 | DJK SF Reichenberg      | 10:42.4 |
| 3 .                              | 146 Oswald        | Helena     | 06 | DJK SF Reichenberg      | 11:31.1 |
| <b>Klasse: W 14</b>              | <b>2100 m</b>     |            |    |                         |         |
| 1 .                              | 209 Gahbauer      | Lea        | 05 | LG Passau               | 08:18.1 |
| 2 .                              | 214 Blöchl        | Laureen    | 05 | LG Wolfstein            | 08:24.0 |
| 3 .                              | 186 Spring        | Hannah     | 05 | LAC Arnstorf 1978 e. V. | 09:04.0 |
| 4 .                              | 294 Wasmeier      | Theresa    | 05 | TuS 1860 Pfarrkirchen   | 10:00.2 |
| 5 .                              | 270 Bachmeier     | Alice      | 05 | TuS 1860 Pfarrkirchen   | 10:02.2 |
| 6 .                              | 282 Mammadguluzad | Fatima     | 05 | TuS 1860 Pfarrkirchen   | 10:52.2 |
| 7 .                              | 161 Forstner      | Luisa      | 05 | LAC Arnstorf 1978 e. V. | 11:17.6 |
| <b>Klasse: W 16/17</b>           | <b>3000 m</b>     |            |    |                         |         |
| 1 .                              | 208 Drexler       | Anna       | 02 | LG Passau               | 12:30.6 |
| <b>Klasse: W 18/19</b>           | <b>3000 m</b>     |            |    |                         |         |
| 1 .                              | 190 Weber         | Alexandra  | 01 | LAC Arnstorf 1978 e. V. | 14:30.4 |
| <b>Klasse: W 20</b>              | <b>5000 m</b>     |            |    |                         |         |
| 1 .                              | 211 Vogel         | Jana       | 92 | LG Passau               | 21:06.4 |
| <b>Klasse: W 30</b>              | <b>5000 m</b>     |            |    |                         |         |
| 1 .                              | 221 Schöne        | Elisa      | 87 | LG Wolfstein            | 23:57.4 |
| <b>Klasse: W 35</b>              | <b>5000 m</b>     |            |    |                         |         |
| 1 .                              | 217 Grabmeier     | Maria      | 80 | LG Wolfstein            | 23:47.6 |
| 2 .                              | 527 Simon         | Silke      | 80 | SVG Ruhstorf            | 25:26.0 |
| 3 .                              | 298 Hofer         | Susanne    | 81 | TV 1885 Eggenfelden     | 28:12.1 |

|                     |               |    |               |         |
|---------------------|---------------|----|---------------|---------|
| <b>Klasse: W 45</b> | <b>5000 m</b> |    |               |         |
| 1 . 253 Materna     | Ingrid        | 73 | SVG Ruhstorf  | 22:32.0 |
| <b>Klasse: W 50</b> | <b>5000 m</b> |    |               |         |
| 1 . 125 Venus       | Christine     | 67 | Arnstorfer LG | 28:46.1 |
| <b>Klasse: W 55</b> | <b>5000 m</b> |    |               |         |
| 1 . 218 Pisl        | Andrea        | 63 | LG Wolfstein  | 26:17.6 |



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# Crossmeisterschaften 2019 Kreis Passau

1. Dezember 2019

Ergebnisliste:

LAC Arnstorf 1978 e.V.

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**Klasse: Frauen**

**5000 m**

|     |     |           |           |    |                     |         |
|-----|-----|-----------|-----------|----|---------------------|---------|
| 1 . | 211 | Vogel     | Jana      | 92 | LG Passau           | 21:06.4 |
| 2 . | 253 | Materna   | Ingrid    | 73 | SVG Ruhstorf        | 22:32.0 |
| 3 . | 217 | Grabmeier | Maria     | 80 | LG Wolfstein        | 23:47.6 |
| 4 . | 221 | Schöne    | Elisa     | 87 | LG Wolfstein        | 23:57.4 |
| 5 . | 527 | Simon     | Silke     | 80 | SVG Ruhstorf        | 25:26.0 |
| 6 . | 218 | Pisl      | Andrea    | 63 | LG Wolfstein        | 26:17.6 |
| 7 . | 298 | Hofer     | Susanne   | 81 | TV 1885 Eggenfelden | 28:12.1 |
| 8 . | 125 | Venus     | Christine | 67 | Arnstorfer LG       | 28:46.1 |

**Klasse: Männer**

**9000 m**

|      |     |               |           |    |                         |         |
|------|-----|---------------|-----------|----|-------------------------|---------|
| 1 .  | 207 | Bernhardt     | Mario     | 88 | LG Passau               | 33:43.6 |
| 2 .  | 255 | Gerl          | Michael   | 95 | TG Vilshofen            | 33:47.9 |
| 3 .  | 212 | Wagner        | Felix     | 89 | LG Passau               | 36:26.1 |
| 4 .  | 133 | Knuff         | Helmut    | 72 | DJK Pörndorf            | 39:06.9 |
| 5 .  | 254 | Schnellberger | Alexander | 69 | SVG Ruhstorf            | 40:07.0 |
| 6 .  | 132 | Konrad        | Kluge     | 75 | DJK Pörndorf            | 42:21.0 |
| 7 .  | 297 | Beyer         | Matthias  | 82 | TV 1885 Eggenfelden     | 43:19.8 |
| 8 .  | 521 | Kießling      | Marcel    | 72 | LAC Arnstorf 1978 e. V. | 44:48.5 |
| 9 .  | 123 | Felixberger   | Manfred   | 66 | Arnstorfer LG           | 45:06.9 |
| 10 . | 134 | Saibold       | Frank     | 68 | DJK Pörndorf            | 45:50.2 |
| 11 . | 531 | Entholzner    | Reinhold  | 53 | TSV Simbach             | 49:00.7 |
| 12 . | 530 | Buchner       | Alfred    | 64 | TSV Simbach             | 49:26.2 |
| 13 . | 522 | Wunderlich    | Roland    | 59 | TSV Massing             | 55:05.1 |